

# Suicide Prevention Coalition of Warren and Clinton Counties Accomplishments

# **Awareness Materials Developed and Available:**

- Brochures\*
  - General Suicide Prevention
  - Suicide and Alcohol/Drug Abuse
  - Suicide and the Economy
- **Wallet Cards** Business card size with resources and information
  - General Population
  - Youth
- **Informational Briefs\*** One pagers with information and resources
  - Suicide and Domestic Violence
  - Suicide and the Elderly
  - Suicide and Youth
  - Suicide and Substance Abuse
  - Creating a Safety Plan: Reducing the Risk of Suicide
- Postcards\*
  - Safe Storage of Firearms (distributed 5,000 in 6 months)
  - Permanent Prescription Drug Drop Box locations (distributed nearly 30,000 in 1 year)
- **School Suicide Prevention/Postvention Model Protocol\*** Locally developed in 2010 (predates the SPRC and SAMHSA Toolkit/Manual)
- Other promotional items advertising Crisis Hotline previously available (supplies now depleted):
  - Wristbands (1,200), Stress Balls (350), Hot/Cold Packs (350), Stress Cards (300), Edusliders on Depression and Managing Stress (250 each)
- Local Suicide Death Data available (2000-2016)
  - \*Available for download from our website

# **Trainings Available (on-going):**

- Question, Persuade, Refer (QPR) general population
- Kognito At-Risk On-line training for Middle/High School/College Staff and Students; Veterans
- **Signs of Suicide (SOS)** Middle School or High School students
- Red Flags Middle School Students

# **Means Reduction Advocacy:**

- **I-71 Jeremiah Morrow Bridge** Collaborative advocacy for the installation of fencing (2012-2013)
- **Medication Disposal Days** Held semi-annually
- **Permanent Medication Drop boxes** Now in six locations
- Outreach to gun shop owners Messaging around safe storage in times of crisis

#### **Professional Trainings:**

- Changing the Narrative: Working with People Bereaved by Suicide & Suicide Attempt Survivors by Julie Cerel, PhD & Melinda Moore, PhD (Hosted in 2013)
- **Treating Suicidal Clients** by Darcy Haag Granello, Ph.D and Paul F. Granello, Ph.D. (Hosted in 2015)

# **Outreach and Recognition:**

- Suicide Prevention Week Various Events and strategies conducted in September
- Power of Prevention Award
  - Given annually in honor of Suicide Prevention Week
  - Recognition of individuals or organizations who have supported the suicide prevention message
- **Proclamations from public officials** for Suicide Prevention Week (2011)
- School Outreach
  - Frequent mailings and emails to schools with information, training opportunities, and materials
- Physician Outreach
  - Mailing with Depression Screening tools and Referral Information (2009)
  - Delivery of materials including prescription drop box post cards, safe storage of firearms post cards and other resource information (2014)
- Pharmacy, Home Health Care and Hospice Outreach
  - Delivery of materials including prescription drop box post cards and resource information (2014-ongoing)
- Media Outreach (ongoing)
  - Press conference and Individual meetings with reporters
  - Inclusion of reporter on Coalition email list
  - Press Releases and Letters to the Editor
  - Public Access Channel Show appearances and on-going Announcement Slides
- **Book Donations to Local Libraries** (2012)
  - A total of 43 books were donated to 11 public libraries and 3 college libraries in our two county area
  - Book topics were on either coping with suicide survivor bereavement or about suicide facts
- Community Events
  - "Hope Bridge" movie screening with resource tables and panel discussion (2016)
  - Book Discussion: Jasmine Warga, author of Young Adult book My Heart and other Black Holes, to lead a book discussion at Mason Library (July, 2016) and Wilmington Library (November, 2016)
- Special Recognition by the Ohio House of Representatives (2012)
  - Excerpt from proclamation reads: "The many individuals who have been involved with the work of the Suicide Prevention Coalition of Warren and Clinton Counties are to be commended for their tremendous efforts to help others, and they are deserving of the highest praise. It is through the work of programs such as this that Ohio has gained a reputation as a state whose residents are always ready to extend a helping hand to those in need."
- **Webpage** www.mhrsonline.org with resources and website links

# **Funding:**

- In-kind donations of time/labor by Coalition members
- Mini-grants from Ohio Suicide Prevention Foundation (\$13,500 for FY 09-16)
- Small individual donations (~\$2,000)

# For more information, contact:

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